



Dr. Cyriac Before Surgery Instructions

Please request a **Medical Clearance form to give to your physicians**. Medical clearance should be received before your pre-op appointment. Medical clearance is requested so that we know we can proceed safely with your elective procedure. Please see the form for more information.

If you are on **blood thinners**, including aspirin, please discuss how and when these should be stopped with the provider who prescribed them. These are usually stopped 3-5 days before your surgery.

GLP-1's are diabetic or weight-loss medications such as **Wegovy, Ozempic, Trulicity**, etc. These injections should be stopped 7-14 days before surgery.

You will be contacted the day before your surgery with arrival time. Please remember to arrive to the 3rd floor of the Hudson garage the day of your surgery. No eating or drinking after 11pm the night before your procedure. A Hibiclens shower should be done the night before and the morning of your surgery. The soap will be given by PAT but you can substitute with Dial antibacterial soap if you did not receive. If you are given a pre-surgical Ensure, please refrigerate, drink as directed, and do not substitute with any other Ensure drinks.

All forms and letters may take 7-14 business days to be completed. All documents will be scanned into your chart and you will receive a copy, if requested, by email. Fax number is below.

****All refill requests should be submitted as soon as possible. Refills will be sent as received but please allow 48 hours for physician authorization.**** _____

Please call the office if you develop a **fever, cough, sore throat, or any signs** of infection, including dental, prior to surgery